

## 4. THUNGETNA

### A. AITUAM NGETNA LEH HONG NGETNA

a) **Laisiangtho bulphuhte**    Matt. 6:5-18    Heb. 10:19-22    Lk. 11:1-13    Phil. 4:6,7  
    Rom. 8:26-27    Mk. 11:22-25    Eph. 6:18        I Jn. 5:14-15

#### b) Thungetna i cih banghiam?

A baihpén in thungetna pen Pasion tawh kihona hi. Hih pen lampi nih a Pasion tawh kizopna hi a, Pasion tunga i hopihna leh Pasion in hong hopihna hi. Thungetna in pang tampi nei a, hihte kihel hi:-

- Pasion ngakna (Isa. 40:31 AV; Psa. 6:1-10; Psa. 27:14).
- Midangte ading a ngetsak thumsakna (Ezk. 22:30; 1Tim. 2:1; Isa. 59:16).
- I kisapte Pasion kiangah ngetna (Matt. 7:7-11).
- Pasion thungen ngaihna (Jn. 10:27).
- Kha galdona a dinna (Eph. 6:10-18).
- Pasion tunga lungdamna (1Thess. 5:18; 1Tim. 2:1).
- Meihal biakna banga Pasion tunga phatna piakna (Heb. 13:15).
- I mawhnate hong maisak nading a Pasion tunga ngetna (1Jn. 1:9; Matt. 6:12AV).

#### c) Thunget ding i kiasm hiam?

1. Thungetna pen i sep ding khat ahihman leh Pasion lungdam nading cih bang ciang lel a kinei hilo in, hamphatna khat hi. Zeisu nungzui taktak ahi eite pen kumpite kumpi leh i lawm leh i pa Pasion ahi Pasion mai ah a hopih dingin pai theih nading Phalna hong kipia hi. A siangtho leh na khempeuh a thei Pasion in mawhna tawh kidim a, i pianken ngiat a bang mah a thei lo eite pen ama thu ngai dingin hong deih hi.
2. Thungetna in khalam ah hong khangtosak hi. Mawhmaisakna, thahatna, lungnopna, lamlahna hong pia in i nuntakna sungah Khasiangtho hong guan hi.
3. Thungetna in Pasion tawh hong semkhawmsak hi.
  - Pasion in amah leh a mah thungetna dawng ding in kipia hi (Lk. 11:9-10)
  - Pasion in thungetna a dawnna ah a gelnate khel nuam hi (Gen. 18:20-32; Ex. 32:9-14; 1Kings 20:1-6)
  - Thungetna tungtawn in leitungah Pasion kumpi gam a kicingzaw in kiphut thei hi (Matt. 6:10)
  - Thungetna tawh a piang theite pen ciangtan om lo hi. Banghang hiam cihleh, thu i ngetna pa Pasion in kigi/gamgi nei lo hi (Rom. 8:32)
  - Thungetna tungtawn in Pasion thei hanga, tua tawh Pasion tawh kizopna lam hihang. Amah tawh hun i tam zat semsem leh amah thei semsem in a hoizhaw in thei semsem in Pasion lampite leh a gelnate rel ding hihang (Acts. 10:1-21)
  - Thungetna in Pa, Pasion tungah minthanna tun' hi (Jn. 14:13)
  - Tatsatlo a tawntung a thu i nget dingin hong kihanthawn khin hi (1Thess. 5:17)
  - Thungetna tungtawn in Pasion deihna leh Pasion lungsim tawh kithu khat dingin kim le pam leh om ziate khel thei hihang (Ezk. 22:30)

- Thungetna tungtawn in midangte thupha pia in honkhia thei hihang (2Kings 4:8-17; 1Sam. 12:19).
- Thunget lohna pen mawhna hi (1Sam. 12:23). Thu i nget loh teh Pasian i tan thei hi. Banghang hiam cihleh aman hong ngen un ci hi (Jn. 14:13-14; Jas. 4:2)
- Midangte a ding thumsak thungetna ah kihel thei hihang (Ezk. 22:30; Isa. 59:16). Hih pen Pasian leh i thungetsakte kikal ading a thungetnate ahi hi. I vangikte kisapnate leh thungetna sunga Pasian tawh kibuanna nangawn tawh ama kiangah i pai teh hih pen nasep lianpi khat a i ngaihsut ding kisam hi (Gen. 32:26).

#### d) Kua tawh thungen khawm i hiam?

- Nangbek in thungen thei hi teh (Matt. 18:19).
- Midang khat hiam nih hiam tawh kithukim in thungen thei hi teh (Matt. 18:19).
- Adang thu-um mi honpi tawh thungen khawm thei hi teh (Acts 1:14; 2:42).

**Ciapteh ding:** Midangte tawh thu nanget khop ciangin tuate tawh lungsim kikhat a na om lam kiciansak in. Banghang hiam cihleh sanggam u leh nauté kipumkhat a a om khop uh teh Topa in thupha pia hi (Psa. 133:1-3).

#### e) A muibun thungetna a khaktante

- Mawh na maisak lohna (Mk. 11:25).
- Up lohna (Heb. 11:6).
- Up zawhlohna/Upna neih lohna (Jas. 1:6-8).
- Thadahna (Jas. 4:2).
- Lungsim man lo neihna (Jas. 4:3).
- Mawhna pulak lohna (1Jn. 1:7-9; Isa. 59:1, 2).

#### f) Satan in thungen mite kihta hi

Banghang hiam cihleh:-

- Thungetna in nasem a, Zeisu nungzuite i hihna tawh i nuntakna-sungah Pasian vangliatna hong tungsak hi.
- Thungen mite in Khazih sunga a neih uh thuneihna a tel uh ciangin dawimangpa dal thei in a ngimnate zo gawp thei uh hi (Jas. 4:7; 1 Pet. 58:9)
- A ngak /a vil a thu a ngente Satan in su zo lo hi (Matt. 26:41)
- Thungetna in Pasian deihna tangtungsak in Satan deihna usia hi.

Thungetna in Satan deihloh bel ahi Pasian tawh a thukzaw kizopna sungah hong tungsak hi. Tua hi a, i thunget nuntakna a phiatmang ding leh a thuneupen in a muibut loh nading in Satan in hanciam hi. Satan vanzatte ah, lunghei neihnate, ze-etnate, Pasianmilo ngaihsutna te, mawhpaihna te, up khialhnading hanthotna, launa leh lungkiatna cihte kihel hi.

#### g) Thungetna ah lungmuanna ding dinmun bulpi thumite

##### (i) Pasian hihna daan

- Vangliatna khempetuh a nei i Pasian ading in bangmah haksa lua lo hi (Gen. 18:14; Jer. 32:17).
- Amah thumaan a Akamciam nate tawh nungta tawntung hi (Psa. 91:4; Psa. 115:1; 111:7-8; 1Kings 8:56).

- Aman eite hong it in lam et na leh mailam khat hong pia nuam hi (Jer. 29:11-14)
- Eite thungetna hong dawng dingin amah leh amah kipia hi (Jer. 33:3)

(ii) **Tapa i hihna**

- I Pa in minamte pen eite luah suaksak nuam hi (Psa. 2:8)
- I Pa in letsong hoihte hong pia nuam hi (Matt. 7:7-11)
- Eite pen Pasion tapate dingin hong kisuaksak khin zo hi (Gal. 4:6-7)
- Zeisu tungtawn in Pa kiang zuan thei hihang (Eph. 2:18; 3:12)

(iii) **Khasiangtho**

- Aman thungetna kha khat hong pia hi (Aihkeh thumna) (Zech. 12:10)
- I thanemna ah aman hong hula hi (Rom. 8:26)
- Pasion deihna dungzui in eite tangin hong thumsak hi (Rom. 8:27)
- Khazih lungsim eite hong pia hi (1Cor. 2:10-16)
- Kha sungah thu i nget ding hong hi theisak hi (Eph. 6:18)

**h) Muibun takin bangci thunget ding**

Thungetna pen thupi mahmah in vanglian mahmah ahihman in, muibun tak in koici thunget ding cih kiciantak in Laisiangtho in hong hilh hi.

Hi ci bang in thu ngen in:-

- Pasion zia tungah thumna (Gen. 18:25).
- Pasion Kamciamte thumna (Exo. 32:13-14).
- Phatna leh lungdam kohna tawh (Psa. 100:4).
- Mizawngte leh a mangthangte ading lainatna tawh (Pro. 21:13).
- Upna sungah (Matt. 21:22).
- Zeisu sungah om na tawh (Jn. 16:23; Jn. 14:13).
- Khasiangtho hong piak thungetna tawh (Kamtuam pauna tawh). Rom. 8:26
- Zeisu tungtawn in Pa pen thungetna tup laigil hisak ding, ei ngette ading hisak lo ding (Gal. 4:6; Matt. 7:9-11; Matt. 6:8,3 2).
- Pasion heh pihna tokhom ah lungmuanna tawh (Heb. 4:16).
- Lungsim dik leh anguk huaihamna bek ahilo tawh (Jas. 4:3).
- Na zi/pasal na zahtakna tawh (1Pet. 3:7).
- Lungsim siangtho leh kidek kidam ki-uk zawhna tawh (1Pet. 4:7)
- Lungsim ngaihsutna siangtho tawh (1Jn. 3:21-22).
- Pasion deihna bang in (1Jn. 5:14-15; Matt. 6:10).
- Khasiangtho sungah (Jude 20; Eph. 6:18).

**i) Zeisu in Thungetna thupi koih pen hi**

Zeisu in thungetna pen an (Matt. 4:2), ih mutna (Lk. 6:12). leh Pasion nasepna (Lk. 5:15-16). sangin a thupizaw in mu hi. Aman thungetna ding hun bawl a (Mk. 1:35; Matt. 14:23; Lk. 5:16). Khensat ding a thupite mai ah a diakdiak in thungen hi (Lk. 6:12-15). Tu in Pasion ziat lam ah thu-um mite ading hong thumsak hi (Heb. 7:25; Rom. 8:34)

**j) Aituam leh hon thungetna kalsuante**

1. Tawlnga hithiat in Pasion tungah bulphuh in (Psa. 46:10). Hih pen phatna leh biakpiak na tungtawn: Pasion kammal simna leh lungngaihna tungtawn; Pasion liatna, vangliatna leh itnate ngaihsutna tawh tha kipia thei hi (Jas. 4:8; 2Cor. 10:5). Na lungsim leh na deihnate Pasion khut ah ap in, ama tungah na lunglutnate

bulphuh in. Aituam thungetna tawh Pasion ading hun hoih pia thei hihang. Hih in amasa in hih loh phamawh kikkhalna bang hi napi a sawtlo in tua kikkhalna pen mawhpauk bang hilo in lungdamna hong suak hi (Matt. 6:6). hong kinawng kaisak loh ding hun, sun ahizong zan ahizong teel in. Pasion tungah thu na gen nading bek hilo in ama thu gen na ngaih nading zong kicingtak in hun la in.

2. Tupna tawh mawhna in Pasion tawh kizopna khak tan bek lo in na nuntakna ah Satan ading lampi khat pia hi. Hun khatpeuh a Khasiangtho hong lahna mawhna khatpeuh pulak inla, Pasion mawhmaisak na ngah in (1Jn. 1:9). Midangte hong mawhnate zong bang zah in thuakhak in khial uh hita leh i maisak ding zong kiasm hi (Matt. 6:12; Lk. 6:37-38). Zeisu in tampi hong maisak ahihman in hazatna lungsim nei lo in mite mawhna i maisak ding zong aman hong lamen hi. I mawhna pulak in mite mawhna i maisak teh Pasion siansakna ngah in, ama mai ah lungsim siangtho i ngah lam thei hihang.
3. Khasiangtho in a dimlet a, hong dip nading thungen in (Eph. 5:18). Khasiangtho in hong tuam a lam hong lah nading leh nang tungtawn a thu a ngetna ding upna tawh ngen in. Hih lai ah kamtuam tawh thungetna in hong huh thei khat hi. (Rom. 8:26)
4. Na nuntakna ah khazih Topa a hihna tang ko na tawh Satan kiang pan kidal in la, Pasion tungah ki-ap in (Jas. 4:7). Pasion galvan zong a kim in silh in (Eph. 6:10-18).
5. Pasion in hong hopih ding ci in kilamen in amah ngak in (Psa. 62:5).
  - Na lungsim leh na utna tawh Pasion mai ah kikhahkhia lecin, nang utthu in na aw ging nawn lo ding hi.
  - Khazih sisan tawh kisawpsiang inla, Zeisu pen Topa bang in tangko in, Satan dal in la, Pasion galvan tawh kidal in, Satan in thu gen thei lo hi.
  - Khasiangtho tawh kidim in. Pasion in thu hong gen ding hi.
6. Pasion in banghiam khat piak ding, ama tungah leh midangte tungah gen ding hong piak teh thumang inla genkhia lel in.
7. Bangbang buaina om phial zongin tua tungah belhcep ding kingaihsun in (Lk. 11:8; 18:1-8). Hih mun ah mitampite lawh sam uh hi. Thu na nget ding kiasm a, mun khat na tun dong leh na lungsim sungah Pasion nopna a om mateng lungduai in (Phil. 4:7). Ahizong in nangma lungsim ngaihsutnate tawh kalsuan kei in. Nang kiang pan thungetna a gamlat hun tawh a kibat hunte om ding hi. Thungen paisuak den in. Pasion in thupha hong pia in, amah tawh hong kinai sakkik ding hi.
8. Pasion tungah mawltak leh kiteltak in thungen in. Ngeina dan leh biakna kammalte zat ding kiasm se lo hi. Pasion pen na pa hi a, na hihna bangin hong it hi.
9. Limtak ngaihsutna tawh lunghihmawhna nei kei-in. Lunghihmawhna pen mawhna hi-a, Zeisu gen bang dungzui in hih pen na vantung Pa na muanlahna hi (Matt. 6:25-34), A tawntung in Pasion sungah upna tawh thungetna tawh naih in.
10. Pasion in nangma mimal ngetnopte ama kiang na tut ding hong deih hi (Phil. 4:6). Banghang hiam cihleh na vantung Pa ading in a neu lua leh phawktham lo na khat peuh om lo hi. Ahizong in Topa tawh gamdaai hun na zat khop hun nangawn in midangte kiasm nate na ngetsak ding thupi hi. Kician sitset in. Banghang hiam cihleh Pasion in na thungetnate kician tak a na ngah na hong musak nuam hi. Thunget ding na geelnate zat zong hoih a, ahizong in tuate a bei teh Khasiangtho kimakaihsak in. Nanguak in thu nanget teh awngkhia a nget ding a kiasm hun om hi. Banghang hiam cihleh tua in na lungsim vak kawikawi sak nawnlo hi.

11. Na thungetna pen phatna leh lungdam kohna tawh a diakdiak in na ngah thungetnate ah, helkhawm in. Phatna leh Pasion tunga lungdamnate in thungetna khahkhia thei zel hi. Banghang hiam cihleh, hih in Pasion vangliatna khahkhia hi. Thungetna in Pasion septheih na khatpeuh sem thei hi (Mal. 3:10). Thungetna kidawwna in Pasion upna leh muanna lamto ahihman in na thungetna hong kidawngte zong in.
12. Thungetna ah an tanna i hel pen thungetna a ding phattuamna pi khat hi. Hih pen Pasion tungah kalhkhiat teitei na cih bang bel hilo hi. Ahizong in tua bang hun teh nanghina tawm semsem in Pasion kibehlapsak nading a, nang le nang kinial leh na kikal na lampi hi lel hi.

### k) Thukhupna

Thungetna leh Pasion kammal thuman thutakte kiptak in kizom dimdiam hi. Banghang hiam cihleh, thungetna sungah Pasion kammal tungtawn a hong kigen bang leh Khasiangtho sungah Pasion deih bangin i nget leh, thungetna hong kidawwna a mu ding in kamciam hong kipiahi (1Jn. 5:14-15; Rom. 8:26-27). Zeisu nungzui i hihna tawh Pasion leh a kammal tawh hun i zat khop ding a thupi penpen ahi hi. Mi khatpeuh in hun khat peuh ah na khat peuh a nget theihna phawk in. Thungetna in kisapna khatpeuh munkhat peuh ah ban thei hi. Thungetna in a kiciangtan lo Pasion hihtheihnate tawh hong kizom sak hi (Jer. 33:3; Psa. 2:8).

## B. PASIAN NASEPNA SUNGA THUNGETNA

- a) **Laisiangtho bulphuhte** Jas. 5:13-18                      Jn. 14:12-14  
Isa. 64:4

### b) Thu patna

A muibun nasepna kipat nading mun pen a muibun thungetna hi. Thungetna letsong a gen baihna leh a vangliat na tawh i kigawm khop nak leh hih nasep na pen mikhempeuh a ding a kihong a hih na muding hihang. Tuata ban ah, nasep na i cih bang hiam? Bang bang dinmun ah ei le ei i om phial zongin Pasion vangliatna zatpahna/bulhna hi. Pasion in i thungetnate hong za in a vangliatna tawh hong dawng ding hi cih thuman ah i lungmuan leh i vekin thungetna nasep semthei ding hihang. Vangliatna pen eite a hilo in ama aa hi. Eite sunga ama zon pen eite tungtawn-a na a sep theih nading leh eite hong koihna dinmun khatpeuh ah hong zat theih nadinga ama nasepna ah kihonna ahi hi. Eite pen Pasion Gam ading-a a gamtang palaite kihi a, Pasion in a ma ading ahi thei ding leh hih thunget nasep tungtawn in nisim a i kim le pam a mite nuntaknate leh dinmunte sungah vantung vangliatna eite tungtawn a khahkhiat dingin hong deih hi.

### c) Thungetna Vangliatna

John Wesley in khatvei hi ci gen hi, "Pasion pen i thunget nuntakna in ciangtan hi leh kilawm, Mi khatpeuh in Pasion kiangah a nget keileh mihingte ading aman bangmah sem thei lo hi." Pasion in nang leh kei bangmah mihingte tungtawn in na a sepna ah amah leh amah kiciangtan ding teel-a, bang sem hiam cih amah leh amah kithei veve hi. A it pa pen

mihing a suah ding a kikap lam thei a hihman in a Tapa hong sawl in mihing khat lim lasak hi. Tua ciang bek in mite in amaute a it na zah leh a maute a kepna ah a lungtang a thukna zah telthei uh hi. Eite thungetna zatna tungtawn in midang pasal leh numeite ading in Pasion vangliatna suak thei hihang. Tua bang tawh midangpi suak leh a maute tawh kilamdang cih na hilo in, a maute i naih ciangin amau kiangah Pasion vangliatna in nehzaw in a nungta leh a taktak Pasion vangliatna amau leh amau in sim kha thei uh hi (Jas. 5:16-18). Dinmun khempeuh ah Pasion in ama sungtawng hong pia nuam a, hun khempeuh leh thungetna hun ading-a ama kammal hong piak nopna pen ama nasepna dan/zia hi tawntung hi.

#### d) Thungetna hamphatna

Thungetna sungah mi khatpeuh leh omdan khatpeuh Pasion tungah paipihna pen a baik khat hi. Thuciam Thak a thungetna genna kammal nihte pen 'deomai' leh 'erotas' hi a, 'na khat lunggulhna' leh 'na khat ngetna, thumna' cihna hiziau lel hi. Midangte tawh na sepkhopna a muibutna pen amaute tawh thungetkhop nading tha la a, hun a piakna tungah kinga in, thu inget ciang in amaute ading a hoih pen a thei Pa kiangah a maute a paipih hi ziau hihang. Zeisu genna ah: "Ngen un, hong kipia ding hi; Zong un, na muding uh hi; Kiu un, kong hong kihon ding hi. Ahangin, a ngen peuh peuh in a ngah hi; a zongte in a mu hi; a kiute aa ding kong kihon ding hi." (Lk. 11:9-10).

Hih thungetna vangliatna thusim pen Pa tawh i kizopna hi a, eite kammalte vangliatna tungah kinga lo hi. Eite in launa tawh kizom in nunta hilo itna tawh, hi in, Pasion maiah lungmuanna mun ah hong kitunpih khin hi (Jn. 15:14-15).

#### e) Thungetna Mawhpauakna

Thuciamthak sung a thungetna ading kammal dang khat pen 'pioseuchomai' hi in 'sung khia' aih keh 'thungetna ah zom tinten' cihna hi (e.g., Matt. 5:44; Lk. 18:1; Lk. 9:28-29; Mk. 9:29). Hih bang lam pi tawh thungetna pen nungzuite ading in deihteel theih hilo in, a kizam ngiat ahi hi. Pasion in hih zong hi. Hih in i thungetna in Pasion kiang hong tutna zong hong phawksak in, Ngaihsut bangbang a sepna hilo hi. Tua man mahin Zeisu in kam nainawng tawh i gen sasa khatna nei lopi a gen kikkik loh ding hong hilh hi.

#### f) Thungetna Muibutna

Thungetna pen Pasion in ama vangliatna leh cidamsakna midangte nuntakna ah a puak theih nading a avanglian a muibun vanzat bang in eite tungah hong piak ahi hi. Thu um Christiante tungtawn in leitungah ama vangliatna a khah nading vanzat bang in Pasion in thungetna teel hi. Eite ci le sa nuntakna sangin Pasion tungah i piakna tawh a muibun zaw thungetna a sansak zawk nading in an tanna tawh ei le ei pumpi deiha kinal ding Pasion in hong kal thei hi. Ama deiha bang i sep nading in Pasion in hong ngak hi. Ama ngimnate eite nuntakna tungtawn in kicingsak nuam hi (Isa. 64:4; Jer. 33:3). Ezekial tungtawn a ama sapna pen (Ezk. 22:30) midangte tawhkikal ah mite ading hi a, siatna pan hotkhat nading ahi hi. Tu hun a leitung pen siatna tawh kidim in siatna lam manawh hi. Hih siatna pan numei pasal, mite hotkhat nading in Pasion in eite hong zang nuam a, ama khuavak leh Vangliatna Gam sungah amaute a tunpih nading ahi hi. S.D Gordon in hi ci gen hi: "A siangpenpen in thungetna pen kitukalhna tawh kipawl hi. A mantak a telna tawh hih pen khalam kidona ah khensat na hi. Tua kidona mun pen hih leitung hi. Tua kidona ngimna pen hih leitung leh a teng mite ukna ding khensatna ahi hi."

Hih pen thu piang taktak hi. Midangte ading muibun taka, thu i nget sim in, Satan in ukna pan in midangte hotkhiatna hi a, kha koltanna pan khahkhiatna hi, Hih pen Khazih ading gam dang khat bawlsak na hi.

### g) Thungetna Zatkhiatna

Midangte tawh thungetkhopna thusim buppi pen ama ading a hoih penpen a hong makaih na sungah eite hong pai pih nading a, Khasiangtho makaihna leh hong lamlahna tungah kihong a kipiakna ahi hi. Thungetna nasepna ah kisinna in kicinna piangsak hi. Sinna pen a lian bel sia hi a, Khasiangtho makaihna tawh kisapna omziate ah a sawtlo in kiva zaw pah ding hihang. Midangte ading i sepkhiat ciangin thungetna omzia li om hi.

#### 1. Kuatawh thungen khawm

Hih pen Pa tungah a deihna uh a ngetna vuah midangte tawh kipum khatna hi-a, a thungetna uh kidawng ding hi cih upna tawh thukim khopna ahi hi (Matt. 18:19).

#### 2. Kua ading thungen

Hih pen midangte kisapnate ah pumkhat suahna mun hi a, thungetna tungtawn in Pasion omna ah paipihna ahihi (Jas. 5:16).

#### 3. Bang sungah thungen

Hi lai ah Pasion kiangpan direct in vangliatna ngah hang a, thungetna tungtawn in midangte tungah tua vangliatna suankhia hihang. Eite pen mite leh Pasion kikal a palai bangin a sem i hi hi.

#### 4. Bang langkhat ah thungen

Khat veivei Pasion Khasiangtho maikaihna tawh kha galdona leh lehpanna mun sungah hong kitunpih hi. Hi lai ah, kha kiniamkhiatna lian leh Khasiangtho makaihna tung a kingakna thuthuk khat om hi. Thungetna pen siatna khalam hihna taktakte langpan na nasep khiatna hi. Hih bang dinmun ah Topa sap ding thupi a, Satan a taikhiatna ding (Rebuke) i nget ding kisam hi. Banghang hiam cihleh nang pen Zeisu tangmi na hi hi.

Midangte ading na thungetsakna pen na kha sungah midangte thugen na ngaihna pan kipan hi. Amau kammalte leh ngaihsutnate ahi a pualam bek ngai kei in. Hih dinmun a a kisam letsongte hong pia in na zakna ding Khasiangtho in hong huh ding hi. Dotna olnu tawmkhat dong inla, na thungetna tawh kisai lamlahna ah na kician ding hi. Tua sungah nang sung tawn lo in huhna na kisap lam a kitel leh, midang khat ading in ngaihsutsak in la, a dang tuahkhak na kicing thu-umte huhna leh lungmuansakna tawh tua bang dinmun huhna zong in, nisim in i nuntakna Topa tungah i kipiak leh, a dik a nel a khut tawh eite hong len in thunget nasepna sungah i tum theih nading Topa in eite ading a hong bawl kholhsaksa dinmun tuamtuam khempeuh ah hong makaihna i mukhia ding hi.

### h) Khut Ngakna

Midangte ading ei bek in thu i ngetsak ciangin a maute nuntakna ah Pasion lawinna lim in a lutang tung vuah khut i ngak pen i phattuumna a piak hun om hi. Mi tampite in Pasion itna sinkha ngei nai lo uh ahilman in tua banga na khut ngakna pen Pasion kiangpan a a thukzaw lawinna vangliatna ah amaute ading lampi honna khat suak hi. A omzia a man ciangin Zeisu in zong mite lutungah a khutnga hi(Lk. 13:13). Ahizong in khat veivei mikhat tungah khut ngak ding a man loh hun zong om hi. Gentehna in, sex kibat pih lo mite tawh amau ading thunget hun leh, aih keileh dawi kihelna khatpeuh a om ciang hoih lo hi. Banghang hiam cihleh dawi gilo pen khutngakna tawh sangin Khazih min

zatna tawh sep ding baihzaw hi. Hun khatpeuh ah, midangte ading thu na nget sakna ah nang leh nang kituamna ahih theih ding pen thupi hi. Khasiang tho hutna ngen inla, Zeisu sinsan vangliatna tawh sawpsiang na leh kidalna zang in.

Mawltak leh siangtak in thungen in la, Pasion in gen ding na khat peuh hong piak leh mite tungah genkhia lel in. Thungetna nasep pen kha galdona sepna ahih lam zong phawk in. S.D.Gordon in hi ci gen hi.

*"Thungetna pen Zeisu gualzawhna tunga phut tentan na hi a, a lang tuaktuak mun a galte nung kinna hi. Gal a in a hih pelmawh ding bek ah kipia hi. A kila pen bek ah kipia hi. Tua hi-a, a dinmun bulpi pen kalkhat khit kalkhat suan ding ahi hi. Thungetna pen kician sitset ding hi."*

#### i) Dotna leh kikap khopnate

1. Pasion in thungetna khempeuh a dawng hiam? A si nasepte cih upna dungzui in hih thu ngaihsun in. A si nasepna cih pen Pasion theih pih loh a kitem nasep khatpeuh hi.
2. Thungetna pen hi lampi ah Pasion sapna nei a kingaihsun mite ading bek hiam? Aih keileh mikhempeuh ading hiam?
3. Thunget siam te' (Thungen theite). ading thungetzia khat a om hiam? Aih keh Pasion in thungen ding a a sapte ading hiam?
4. Na thungetna hong khaktan thei na khat peuh a om hiam?
5. Thu na nget ciangin Pasion sungah upna leh Khasiangtho makaihna mangin Pasion tapa khat bangin Pasion omna ah hangsantak in na pai hiam? (Heb.4:16)
6. Midangte thapiak nading in hong kidawng thungetna genteh theih ding a kician pawlkhat pulakkhia in.
7. Midang khat nuntakna ah Pasion vangliatna nasep nading nang ading a Pasion hong bawlkholh saksa dinmun ah hong khak nading in Topa kiangah ngen in.
8. Pasion kiang i naih ciang in bang thu piang hiam? (Jas. 4:8; 2Cor. 15:2)

#### j) Tomlakna leh Zatpahna

1. Thungetna pen eite leh Pasion kikal a kizop na lampi nih hi.
2. Pasion in ama deihna dungzui a, thungetnate dawng tawntung hi.
3. Thungetna pen khalam ah hong khangtosak thei hamphatna khat hi.
4. Hong it vangtung pa, a tate a pia nuam tawntung Pasion tapa na hihna thei in thungen in.
5. Khasiangtho humuapna tawh thungen in, banghang hiam cihleh tua ciangin na thungetna pen Pasion theihpih hi ding hi.
6. Zeisu in thungetna pen kin masak pen in nei ahihman in eite zong i tua cih ding ahi hi.
7. Eite in thungen in midangte ading i thumsak teh, eite Pasion maiah a maan mun ah om in galpa a nang dingin kicingtak in hong kibawlina i theih tel ding kiasm hi.
8. Thungetna in a kiciangtan lo Pasion hih theihnate tawh hong zom hi.
9. Pasion nasepna sunga thungetna pen mite nuntakna sungah Pasion vangliatna zatpah lianna hi.
10. Pasion nasep na ah thu i nget teh a muibut nading in i naih na ah mawltak leh kitem sinsen ahih ding kiasm a, Khasiangtho makaihna leh phutna ah i kihon ding ahi hi.